Frank Chiapperino

“Gratitude In Action”

Transformation Church

03-02-2025

Colossians 3:15

“Let the peace of Christ rule in your hearts, since as members of one body

you were called to peace. And be thankful.”

ACTION 1 – From Colossians 3:15: Embrace the peace of Christ.

Colossians 3:15

“Let the peace of Christ rule in your hearts, since as members of one body

you were called to peace. And be thankful.”

The Greek word βραβεύω “rule” BRA-BUE-O

Brabeuō - means to act as an umpire, director, or arbiter, much like in the

ancient Greek games.

ACTION 1 – From Colossians 3:15: Embrace the peace of Christ.

Colossians 3:15

“Let the peace of Christ rule in your hearts, since as members of one

body you were called to peace. And be thankful.”

Colossians 3:16 continues:

“Let the message of Christ dwell among you richly as you teach and

admonish one another with all wisdom through psalms, hymns, and songs

from the Spirit, singing to God with gratitude in your hearts.”

ACTION 1 – From Colossians 3:15: Embrace the peace of Christ.

ACTION 2 – From Colossians 3:16 - Cultivate a teachable posture

that includes gratitude.

Colossians 3:16

“Let the message of Christ dwell among you richly as you teach and

admonish one another with all wisdom through psalms, hymns, and

songs from the Spirit, singing to God with gratitude in your hearts.”

Luke 6:45

A good man brings good things out of the good stored up in his heart, and

an evil man brings evil things out of the evil stored up in his heart. For the

mouth speaks what the heart is full of

Reflection Questions

What are you holding onto in your heart?

What kind of message are you allowing access to your mind and your soul?

How is that messaging impacting your thought life?

Colossians 3:17“And whatever you do, whether in word or deed, do it all in the name of

the Lord Jesus, giving thanks to God the Father through him.”

ACTION 1 – From Colossians 3:15: Embrace the peace of Christ.

ACTION 2 – From Colossians 3:16 - Cultivate a teachable posture that

includes gratitude.

ACTION 3 – From Colossians 3:17 – Live out the teachings of

Jesus while being grateful to God.